



## Accessing a Test through your Local Health Board (LHB)

Symptomatic critical workers, including teachers and education staff, may access tests at LHB run Community Testing Units (CTUs). The route through which tests can be accessed differs depending on your LHB area, please see guidance below specific to the relevant LHB. Please only use this route if you are symptomatic or living with an individual who has symptoms, and are unable to access a test through the online booking portal.

The three symptoms are:

- a high temperature: this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough: this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste: this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

### Aneurin Bevan University Health Board

Please contact Local Authority HR or Occupational Health Team to request a test and if eligible the LA will arrange your referral.

### Betsi Cadwaladr University Health Board

Please contact the relevant email or number within your area to request a test.

CTU	Email address	Contact number
Wrexham	<a href="mailto:BCU.CommunityTestingEast@wales.nhs.uk">BCU.CommunityTestingEast@wales.nhs.uk</a>	01978 725389
Glan Clwyd	<a href="mailto:BCU.CommunityTestingYGC@wales.nhs.uk">BCU.CommunityTestingYGC@wales.nhs.uk</a>	01745 448788 ext 7232
Bangor	<a href="mailto:BCU.CommunityTestingBangor@wales.nhs.uk">BCU.CommunityTestingBangor@wales.nhs.uk</a>	03000 851480
Alltwen	<a href="mailto:BCU.CommunityTestingWest@wales.nhs.uk">BCU.CommunityTestingWest@wales.nhs.uk</a>	07799342683

### Cardiff & Vale University Health Board

Please ask your school to contact the relevant Local Authority mailbox with your request.

For Cardiff Schools	<a href="mailto:COVID-19Testing@cardiff.gov.uk">COVID-19Testing@cardiff.gov.uk</a>
For Vale of Glamorgan Schools	<a href="mailto:COVID-19Testing@valeofglamorgan.gov.uk">COVID-19Testing@valeofglamorgan.gov.uk</a>

### Cwm Taf Morgannwg University Health Board

Please contact 01443 443151 to request a test. **Please DO NOT share this number.**

### Hywel Dda University Health Board

Please contact [covidenquiries.hdd@wales.nhs.uk](mailto:covidenquiries.hdd@wales.nhs.uk) to request a test.

### Powys Teaching Health Board

Please contact 01874 612228 or [powys.testing@wales.nhs.uk](mailto:powys.testing@wales.nhs.uk) to request a COVID-19 antigen test.

### Swansea Bay University Health Board

Please contact the Testing Call Centre on 01639 862757 to request a test.